



## Community Navigators Development

the Care Forum, Vassall Centre, Gill Avenue Fishponds, Bristol BS16 2QQ

[www.communitynavigators.org.uk](http://www.communitynavigators.org.uk)

### Supporting community groups to support the over 50's in Bristol

Community Navigators Bristol is a free signposting and support service for people over the age of 50 who want to feel more connected to their community. We offer tailored information to the individual about useful services, local groups and social activities.

We also work with community groups to develop and improve local activities for over 50's by offering a range of community support. This support is tailored to the community group and could involve signposting or more direct support, but typical areas of development include:

We also work with groups of people to develop and improve community activities by offering a range of community support. Our Navigators funding is due to cease in March 2020 and in the final 6 months or so of the project we are keen to continue to engage with local groups to see if we can provide any additional support to help them build capacity and keep going.

The support offered depends on the needs of the local group and could involve signposting or more direct support, but typical areas of development include:

- **Networking & Liaison** – connecting you with local groups, organisations and services
- **Events** – support organising events including activities, room hire, publicity
- **Marketing & Promotion** – reaching new members, using social media, presentations,
- **Information Management** – using available technologies including twitter and other social media, organising group information and data protection and confidentiality,
- **Funding** – organisations and applications
- **Room Hire and Transport** – what's available and how can we support people to get there
- **Training** – elearning and face2face opportunities, confidence building, presentation and facilitation skills, mentoring and peer support guidance
- **Volunteers** – recruitment, retention, training, support

We are a broad partnership funded by Bristol Ageing Better and comprised of a number of trusted local organisations including our lead partners North Bristol Advice Centre, in North Bristol and Bristol Community Health in Inner, East and South Bristol. The Care Forum provides development support across the city.

I would love to hear from you if you would be willing to chat to me about your groups needs to see if there are ways we can support you, or find out more about what we offer. I can happily arrange to visit if convenient.

In the meantime I have attached our navigators leaflet for your information.

I look forward to hearing from you.

Best Wishes

*Helen Young*

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(Working days Tue-Thus)